

# DANCEFUSION

## DFAD BALLET LEVELS/ CECCHETTI LEVELS

The Cecchetti method is a ballet technique and rigorous training method devised by the Italian ballet master and pedagogue Enrico Cecchetti (1850–1928). It is specifically concerned with Hilton's Law of anatomy, especially within the confines of classical ballet technique. The method seeks to develop the essential skills of dance (e.g., balance, poise, strength, elevation, elasticity, and ballon in students through a meticulously designed training regimen. Its goal for students is to learn to express themselves through dance by studying and internalizing the basic principles, in an effort to become self-reliant rather than imitating the movements executed by their teacher.

Cecchetti-trained dancers have achieved places in ballet and dance companies all over the world. Well-trained Cecchetti dancers have a purity of line and simplicity of style which enables them to take their places in dance companies of other genres of classical ballet.

Cecchetti is taught at the Alberta Ballet School, Edmonton School of Ballet, and National Ballet School of Canada

For more information please visit <http://www.cecchettisociety.ca>



<b>LEVELS</b>	<b>MIN. AGE.</b>	<b>CLASSES</b>	<b>OPTIONS</b>
Pre-Fund 1	6 as of Mar 1 <sup>st</sup> 2017	1 hr/week	Ballet/jazz combo Primary Tap, Mini-mus th, Hip hop, Pom
Fundamental 1 (Primary ballet)	6	1 hr ballet	Fund 1 ballet, Fund 1 jazz, Mini-mus th, Primary Tap or Pre-Jr. Tap Hip hop,acro,pom
Fundamental 2 (Standard 1)	7	2 hrs ballet/wk	Fund 2 ballet Fund 2 jazz, Tap Mini . Mus Theatre Hip Hop, acro,pom
Fundamental 3 (Grade 1)	8	2 hrs ballet/wk	Fund 3 ballet Fund 3 Jazz Technique Jazz & lyrical choreo Jr. Mus Theatre,pom, Hip Hop, acro, Tap
Fundamental 4 (Standard 2 / Grade 2)	9	2.5 hrs ballet/wk 1.5 hr non- syll & choreo 1 hr Cecc tech	Fund 4 ballet Fund 4 jazz Technique jazz & Lyrical choreo Jr. Mus. Theatre Fund 4 Modern, Pom, Cheer, Hip Hop, acro, Tap
Fundamental 5 (Standard 3 / Grade 3)	10	4.25 hrs ballet/wk 1.5 hr non- syll &choreo 1.5 hr non-syll 1.25 hr cecc tech	Fund 5 ballet Fund 5 jazz Technique Jazz & lyrical choreo Fund 5 Modern Fund 5 contemporaryorary Jr. musical theatre, Hip hop, acro, Tap, Pom, Cheer
Fundamental 6 (Standard 4 / Grade 4)	11	5.0 hrs ballet/wk 1.5 hr non-syll 1.5 hr non-syll & choreo 2.0 hr Cecc tech & pre-pointe / pointe	Fund 6 ballet Fund 6/7 jazz Technique Jazz & lyrical choreo Fund 5-6 Modern, Fund 6/7 contemporary Jr. Mus. Theatre, Pom, Hip Hop, Acro, Cheer, Tap
Fundamental 7 (Standard 5/ Grade 5)	12	5.0 hrs ballet/wk 1.5 hr tech & pointe 1.5 hr non-syll & choreo 2.0 hr tech & pointe	Fund 7 ballet Fund 6/7 jazz Technique Jazz & lyrical Choreo Fund 7-10 modern Fund6/ 7 Contemporary Sr. Musical Theatre, Hip Hop, Acro, Tap, Pom, Cheer
Fundamental 8 (Standard 6 / Grade 6)	13	5.0 hrs ballet/wk 1.5 hr non-syll & choreo 1.5 hr tech & pointe 2.0 hr Tech & pointe	Fund 8/9/10 ballet Fund 8/9/10 jazz Technique Jazz & Lyrical Choreo Fund 7-10 modern Fund 8/9/10 contemporary Sr. Musical Theatre, Hip Hop, Pom, Cheer
Fundamental 9 (Sr. Certificate / Intermediate)	14	5.0 hrs ballet/wk 1.5 hr non-syll & choreo 1.5 hr tech & pointe 2.0 hr Tech & pointe	Fund 8/9/10 ballet Fund 8/9/10 jazz Technique Jazz & lyrical choreo Fund 7-10 modern Fund 8/9/10 contemporary, Acro,Hip Hop, Pom, Cheer
Fundamental 10 (Adv 1 & 2)	15	6.5 hrs ballet/wk 1.5 hr tech (10 only) 1.5 hr non-syll & choreo 1.5 hr tech & pointe 2.0 hr Tech & pointe	Fund 8/9/10 ballet Fund 8/9/10 Jazz Technique Fund 10 lyrical Fund 10 Modern Fund 10 contemporary 2 hr jazz/lyrical class 1 hr acro combined