

DANCEFUSION ACADEMY OF DANCE

2026–2027: PROGRAM INFORMATION

ACRO – POM & CHEER

POM

Pom 1 – Ages 8 to 11 years

Pom 2 – Competitive Assessment required - Age 12 years must take another dance discipline

Cheer 1 Competitive – Age 9 -12 years must take acro or another dance discipline

Cheer 2 – Competitive – assessment required - min age 12 years must take acro or other dance discipline.

AERIAL

Beginner Aerial ages - 5-7 years – 0-2 years of experience – Trapeze apparatus

Aerial 1 – Age 8-11 years - 0-2 years experience – Trapeze, Hoop apparatuses

Aerial 2 – Assessment Required - min age 11 years with 1-3 years experience – Trapeze, Hoop and Intro to Silks

Inter/ADV Aerial – Hoop and Trapeze – Assessment required

HAMMOCK

Beginner Hammock – Age 7 years 0-2 years of experience

Intermediate Hammock – Age 10 years of age minimum of 2 years of aerial experience – assessment may be required.

SILKS

Intermediate/Advanced Silks – must have minimum of 2 years in hammock and silk training -Assessment - required for all - minimum age 13 years

Aerial Competitive Team – must take an aerial class in addition to this class. All competitive students will be doing an aerial solo that is required to compete. Students minimum age 9 years up to 17 years of age.

ACRO

Teen Acro – Ages 12+ no prior experience

REC ACRO – age 7 – 9YRS

PRIMARY ACRO – AGE 9 – 11YRS

ACRO A – 10 – 12YRS – ASSESMENT REQUIRED

ACRO B – 11 – 13YRS – ASSESMENT REQUIRED

ACRO C – age 13+ - assessment required